

“Grow in Prayer”
Colossians 4:2-4

“Prayer is a word that describes a relationship. Disciplines of prayer provide patterns for attending to God throughout the day. They open us to the divine dialogue through intentional encounter with the Trinity... Prayer is sustained less by duty than by a desire to connect and grow in intimacy and communion with the holy Three. But prayer also moves us up and out into our world.” (Adele Ahlberg Calhoun, *Spiritual Disciplines Handbook*)

- I. Cultivate a deeper, life-giving relationship with God
 - A. Pray with diligence
 - B. Pray with alertness
 - C. Pray with gratitude

- II. Engage more fully in God’s transformational purposes
 - A. Pray beyond ourselves
 - B. Pray with boldness